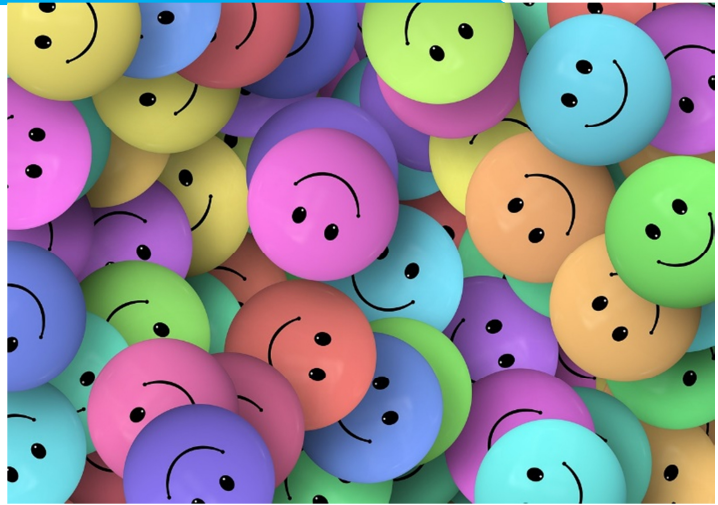


# Health Coaching

*„The greatest wealth in life is health.“*  
Andreas Martin



## Your health is your foundation of everything

Diseases arise when the life force is disturbed and the organism has difficulty regenerating itself. Today, many people are chronically ill. Drug use tends to increase. Waiting for an appointment with a specialist can take months. Good prevention is therefore the essential basis for being and staying healthy. This is what our health coaching helps you do. Find out how we can help you stay healthy.

We look at human beings as a whole, a synergy of body & mind. Not only do we look at symptoms, but we also analyse the personal health history, the environment and lifestyle, right down to each person's psychological constitution.

What we do:

- 🐻 Advice on health-promoting measures
- 🐻 Assistance dealing with applications, offices, and authorities
- 🐻 Detailed and holistic anamnesis
- 🐻 Homeopathic advice
- 🐻 Advice for diabetics
- 🐻 Nutritional advice
- 🐻 Testing of drug compatibility



**Free first consultation +49 (0)3928 9069060**

[www.bears-coaching.de](http://www.bears-coaching.de)