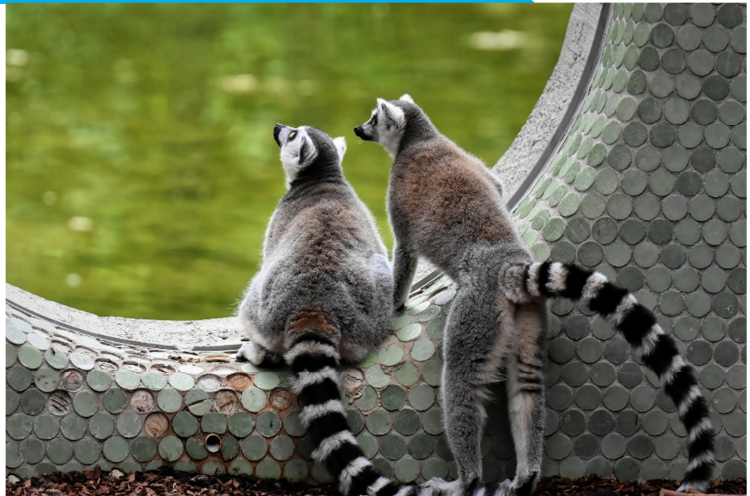


Relationship Coaching

*„No road is long with
good company.
Turkish proverb*



Relationships are the heart of life

Throughout our lives, we are in relationships with other people, in our personal and professional lives. We often argue, we find ourselves in power struggles, we get along, and we laugh with each other. Everything would be so simple if our inner critic did not say: *"This is not the right partner. You will never be happy with this woman. My child would have to be different. I cannot work with this colleague. I'm not good enough. "*

We talk about your relationship problems, we analyse them, and together we look for the underlying causes of your struggles. They are not always obvious. They are often hidden and deeply rooted in our own family and childhood learnings. You don't have to be the victim of these patterns. All your relationships can become fulfilling and meaningful.

What we do:

- 🦊 Explain & analyse relationship dynamics & systems by making them visible to you in our systemic coaching
- 🦊 Research for unconscious patterns within the family system
- 🦊 Swap destructive for constructive beliefs
- 🦊 Turn separation pain/loss fears into positive visions for the future
- 🦊 Leading personal or business partners towards each other through vision work, mediation, and communication training

